

1. The engaged couple should consider seriously all aspects of their lives together. If there is any doubt about the requirements or the law, they should consult a priest.

Engagements may be made formal espousals by putting the promise to marry in writing, signed by the parties and the parish priest of the bride or of the place where the contract was made (or before the local ordinary), and before two witnesses. This is not binding in law. It is not generally a practice in the United States.

2. In those dioceses where the Cana Conference Movement is established, the engaged couple should attend a Pre-Cana conference. This is directed to the proximate preparation for marriage. It aims to prepare engaged couples for happy and holy marriage and family life by accurate information. It is an opportunity to acquire sufficient knowledge by direct question. It aids in the formation of proper ideals, which lead to a marriage in accord with God's plan.

3. The engaged couple should notify the